



Mundinus Surgical Services Limited

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Laparoscopic Cholecystectomy

Introduction:

Laparoscopic cholecystectomy is a minimally invasive surgical procedure performed to remove the gallbladder. This patient leaflet aims to provide you with essential information about the procedure, its benefits, risks, and post-operative care instructions.

What is Laparoscopic Cholecystectomy?

Laparoscopic cholecystectomy is a surgical technique that involves the removal of the gallbladder using a laparoscope, a specialized surgical instrument with a camera attached. This procedure is performed under general anaesthesia and typically results in smaller incisions, reduced pain, shorter hospital stays, and faster recovery compared to traditional open surgery.

Benefits of Laparoscopic Cholecystectomy:

- Smaller incisions leading to reduced scarring
- Shorter recovery time and hospital stay
- Less post-operative pain
- Lower risk of complications such as infection

Risks of Laparoscopic Cholecystectomy:

Although laparoscopic cholecystectomy is considered a safe procedure, like any surgery, it carries certain risks, including:

- Bleeding
- Infection
- Bile duct injury
- Risks associated with general anaesthesia

Preparing for Surgery:

Before your surgery, your healthcare team will provide you with detailed instructions on how to prepare. This may include fasting before the procedure, stopping certain medications, and informing your healthcare provider about any allergies or medical conditions you have.

Post-Operative Care:

After your surgery, it is essential to follow your healthcare provider's instructions carefully. This may include:

- Taking prescribed medications
- Monitoring your incision sites for signs of infection
- Gradually resuming normal activities as advised by your healthcare provider
- Following a specific diet to aid in digestion

When to Seek Medical Help:

After your surgery, it is crucial to be aware of potential complications. Contact your healthcare provider immediately if you experience:

- Excessive bleeding or drainage from the incision sites
- Severe abdominal pain
- Persistent nausea or vomiting
- Fever or chills

Conclusion:

Laparoscopic cholecystectomy is a common and safe procedure used to treat gallbladder-related conditions. By understanding the procedure, its benefits, risks, and following post-operative care instructions, you can ensure a smooth recovery and optimal outcome. Your healthcare team will be available to address any concerns or questions you may have throughout your surgical journey.

This patient education leaflet aims to provide you with a comprehensive overview of laparoscopic cholecystectomy. Please consult your healthcare provider for personalized information and guidance tailored to your specific medical needs and circumstances.